Scotts Valley Senior Center

This issue serves as a third and final reminder that annual membership fees of $20 were due and payable July 1st. All unpaid memberships will be dropped from the membership roll.

September 2014 Newsletter **Editor: Becca Mosley**

Coordinator's Message

Happy Fall People!

Business first I think…..**Membership dues were due and payable July 1st.** Thank you to everybody who remitted their payment. **Members, who have not yet paid, please note that this serves as your third and final reminder.**

Please mark your calenders for Sunday September 7th for our **Grandparents Day Pancake Breakfast Celebration** from 8am to Noon. Don't miss out on this DELICIOUS meal.

As with all previous month, this last one sped by too fast. Joe and Elaine Zuniga are building a following as hosts of the monthly Potluck Luncheon. Two days later, it was followed by the Flea Market. Thank you Terri Richie and Marlene Flannery for all your organizing and too, our helpers Hilary Crivello, Geri Gibson, Kim Huelsing, Carol Rogers, Fran Rosen and Dolores Sudduth.

On the heels of the Flea Market came Bollywood Movie & Dinner Night. I am sorry I missed it. By all accounts the food and movie were a great success with almost 40 people in attendance! Thank you to instructors, Padma Rudraraju and Leatrice Bachan for chairing this event. You did an amazing job! I understand there are plans already afoot for the next one…what foreign experience will be next???

Tired yet…there is more…Thank You to Steve Ando and Scott Hamby for taking time out to cook the tri-tip for our annual tri-tip dinner. We had a lot of compliments on how the meat turned out Thanks also have to go to Marlene and her kitchen crew, who once again did an outstanding job with the sides and dessert. Bev York was the lucky winner of the drawing – tickets to the Cinelux Theater!

Don't forget, the **Music at Skypark Free Summer Concert** Series have two more concerts on August 31st and September 28th from 3:30pm to 7pm. It is really nice to see the large number of members who come out to enjoy the music and support music education in the schools. Skypark is a jewel and we are so fortunate to be situated next door

Drum roll please…….I would like to welcome our newest platinum level business sponsor, the **Rotary Club of Scotts Valley**. Their mission is to provide humanitarian efforts both locally and globally and they do an outstanding job. Check out the sponsor board in a week or two to learn about their efforts. In addition, to give our wonderful Marlene a break, Rotary Club will be cooking, serving and entertaining you with an Italian Supper at the monthly dinner on Sept 19th. President Laureen Yungmeyer, Ways and Means Chair, Jackie Maurer and other Rotarians look forward to meeting you – Sign up EARLY – no later than close of day on the 16th!!!

I would like to thank Janet Hassler for leading the **Canasta** group for so many years here at the center. She and her husband, Earl, have moved to Watsonville. Although they will still participate whenever possible, Janet has passed the baton on to another long-time player, Mercedes Sarsi - Thank YOU Mercedes!

Lastly, we do have **need of volunteers** for the Pancake Breakfast, Sponsor Appreciation Reception and Holiday Craft Faire. If you would like to help, please call the center and add your name to the list and I will call you back with the various options available. It really helps if we all share a little piece of the work, great things can happen and we all enjoy the fun times together

Until next time ~ *Darshana Croskrey*

Grandparent's Day

Sunday, September 7th
8am to 12pm
SV Senior Center
Adults $6.50 / Kids $4.00

All-You-Can-Eat Pancakes
- Banana Walnut
- Pumpkin Spice
- Plain

Served with Ham and Scrambled Eggs
Orange Juice and Coffee

Happenings at the Center

Muncheon Movie ~ Member, Wayne Johansen, thoroughly enjoying his Tilapia Piccata, Fresh Corn and Cherry Tomato Basil Salad and organic Baby Squash.

Volunteer, Hilary Crivello, taking a break at the Flea Market to spend time with her grandparents, Gloria & John Crivello

Jackie Maurer's generous donations for The Boutique!

Schrafts' Grandchildren The Triplets Liam, Lyla, and Leni

July Armchair Topics "Every Life Tells a Story" followed by Birthday Celebrations!

Focus on the Volunteer ~ Sandy Payton

Submitted by Darshana Patel-Croskrey

Spreading rays of warm sunshine with her beautiful smile and sunny disposition, the Scotts Valley Senior Center, acknowledges just how lucky we are to have Sandy Payton heading up the Wheels on Meals Program at our site. This SoCal native was born in Long Beach, CA. Shortly thereafter, her family moved to the San Fernando Valley. During the interview, she laughed and said she, her sister and their friends were the original "Valley Girls" long before the term was ever coined!

Sandy spent many happy years working at Cal State Northridge in the Student Aid Business Office. She received great joy from helping students find financial aid opportunities to help fulfill their dreams. During that time, her family grew; she has three daughters and one son.

In 1992, circumstances required her to move to Colorado. Although initially it was hard to find work, Sandy eventually found work in Denver although it did mean an 84 mile drive each way, everyday, from her rural mountain home to her office in the city. Her work once more was focused on helping people, this time as a case manager for the Colorado Aids Project for 16 years.

In 2009, Sandy made the decision to move to Scotts Valley to help her sister, Kay, care for their beloved mother as she required fulltime care. Many of you may remember Sandy and Kay's mother, Reva Slaughter who had spent many volunteer hours at the center; helping in the kitchen, assisting with the Bingo Program and playing lots of poker! She had been a member since 1999.

When Reva passed away, Sandy decided to remain in Scotts Valley. She loves Scotts Valley and says the weather cannot be beat and loves the ability to walk everywhere from her home in Spring Lakes where she is an involved member of that community. Her sister is close by (Kay has been in the area for over 40 years), and her family has now grown to include six grandchildren and her great-grandchild, Liam.

With the help of her volunteers and her sunny disposition, Sandy runs a tight ship on the Meals on Wheels Program at the center. Under her watch it has flourished and garnered an excellent reputation. Sandy also runs one of the kitchens during the annual two-day Holiday Craft Faire and is the Bunko co-chair with Irene Bustichi. In her spare time she loves to line-dance, is a voracious reader, and is an avid supporter of the visual and performing arts and….she volunteers at Valley Churches Mission.

Such a BUSY, active member of our community with an enormous heart of gold, Sandy Payton…we are so blessed to have your presence here at the Scotts Valley Senior Center - Thank YOU so much for all that you do for us!

Special Thoughts | information

Sunshine Note

Thinking of You, We Miss You ~

Judy Kolbmann, Luella Berry, Paul Feeley and our Zentangle teacher, Angie Wisdom has a broken rib with a punctured lung – sending well wishes to all.

Cheers To All These Years...

A milestone moment for Board Member, **Margaret Schraft**, and her husband, member **Bill Schraft** took place yesterday, as they and their family and friends celebrated the birth of their grandchildren, **triplets ~ Liam, Lyla & Leni**. Twelve year old brother, Zack, is going to have his hands full keeping track of his new, long awaited siblings. Everyone is doing well. Congratulations all around. (See pictures to left ~ page 2.)

Members, Debby Dodds and her mother **Hazel Brown**, celebrating Hazel's **95th Birthday** at The Chaminade with friends.

Gone But Not Forgotten

Our condolences go out to Liz Beitzel and her family as they share the loss of her husband, **Wally Beitzel**. They would have been married 49 years come this September. Wally worked 35 years in the aerospace industry as a mathematician and was a non-stipended ordained Episcopalian minister. We will miss Wally and his gentle wisdom.

I regret to share the sad news of the sudden and unexpected passing of member, **George Domenichelli**. George was larger than life. His gregarious Italian personality meant that no-one was ever made to feel like a stranger in his presence. Originally from Healdsburg, his family moved to Davenport when he was a little boy. An alumni of Santa Cruz High, George married was to his sweetheart, Arlene, for 51 years before she died eight months ago. An avid Bocce player, George will be genuinely missed by his fellow bocce league members. We send our condolences to George's family and know he is at peace reunited with the love of his life, Arlene.

Robin Williams ~ Rest in Peace ~ 7-21-51 to 8-11-14
A comedian extraordinaire, you gave the world so much laughter and joy. Generous to so many causes, you gave even more in anonymity. Children and adults alike loved you. May the peace that eluded you in life, now at your rest, be found. We will be honoring Robin's memory at the center by serving Scottish fare and viewing "**Mrs. Doubtfire**" at the September Muncheon Movie.
Hope to see you then ~ sign up early.

TouchTEAM
TABLET ENGAGED ACTIVE MINDS

A free program of the Santa Cruz Public Libraries

Classes start **September 8th**

Call To Register:
(831) 427-7700 x7615
Pre-registration REQUIRED

iPads provided

Do you know an older adult, a friend or loved one, experiencing memory loss?

Forgetfulness can be frustrating for both those experiencing it and for their loved ones. Join us in this supportive social setting, for a series of innovative workshops that use iPads to engage the mind and activate memory. No experience necessary. iPads are supplied by the library and individual coaches are present to help with activities.

Complimentary Program Scotts Valley Branch ONLY

Welcome New Members

Lupe Barenfus, Sonja Bender, Gloria Blyth, Joanne Chamberlin, Janet Collins, Ida Cori, Caroline Elam, John Elam, Madeleine Finn, Tom Finn, Carole Giles, Becky Ann Green, Niki Italiano, Barbara Rae Kelley, Carol Kester, Susan King, Mike Lobue, Jane Melford, Paul Seever, Margaret Serena, Katherine Sowards and Loretta Taylor

THANK YOU FOR JOINING OUR SCOTTS VALLEY SENIOR CENTER

Want to become a member?

Join the center, join the fun…It's easy as 1.2.3.

1 - See one of our nice receptionists during center hours
2 - Spend two minutes filling your membership application form
3 - Turn in form and $20 annual fee to the nice receptionist – **DONE!**

(New members pay pro-rated dues)

Senior Center Donations

Joyce Ellorin ~ 4 boxes Coffeemate for the kitchen
Brenda ~ $10 Sound System
Diana ~ $12 Sound System
Anon ~ $22 Sound System

So Appreciated - Thank You!

THANK YOU FOR YOUR CONTRIBUTIONS, WE APPRECIATE IT!!!

September Activities

SCRABBLE ~ NEW

Please join Mother-Daughter Duo, Betty and Donna Cederlund on the Scrabble boards. Double the fun by bringing along a friend, triple your word pleasure by knowing we welcome all levels - novice, intermediate, expert. We want you all to come and play with the aim for people to play at their preferred level and have several tables going.

Date: Mondays, September 8th
Time: 1:00pm to 3:00pm
Cost: $2 Members / $3 Non-Members

CHESS ~ NEW

Want to exercise your brain? Member, Peter Maurer is looking for intermediate to expert level chess players. Come and join him on Monday afternoons. He looks forward to meeting you!

Date: Mondays, September 8th
Time: 1:00pm to 3:00pm
Cost: $2 Members / $3 Non-Members

MAHJONG ~ BEGINNING/INTERMEDIATE

Looking for something new? Ever wondered what Mahjong is about? Want to challenge your brain – both sides??? Then join in the latest craze at the center. Darshana Croskrey introduces Mahjong to brand new players. She has taken away the intimidation of this complex game by breaking it down to an easy understanding in simple segments. Once you start, you will be hooked!!! Come and join the Mahjong Gang.

Date: Mondays
Time: 1pm to 3pm
Cost: $2 Members / $3 Non-Members

HOME ARTS

Do you want to:
- ☑ Try something new?
- ☑ Let your creative juices flow?
- ☑ Surround yourself with inspiring folk?

Have up to seven hours of dedicated time set aside for your hobby? ...then THIS is the class for YOU!!!

Instructor, Billie Street, has been teaching the creative arts for over 50 years in the Santa Cruz and Monterey Bay Counties. This class is open to all but, you must first meet with her to discuss all the possibilities/projects.

Date: Every Tuesday
EXCEPT for the 2nd Tuesday of the month
Time: 2pm to 9pm
Cost: $40 for each 8-week session

LINE DANCE

Noon every Tuesday (Except for the 2nd Tuesday)
9am every Friday (Except for the 4th Friday)

PARTNER'S BRIDGE

Date: Thursdays
Time: 1:15pm – 3:15pm

They will find partners for you
Come to improve your play
Call Lee Brown for more info at 430-9645

BEGINNING UKULELE

Stan Meidinger is offering weekly beginning ukulele lessons. Ongoing classes are on:

Date: Thursdays **Time:** 12:00pm to 1:00pm
Cost: $7 Members / $8 Non-Members

BUNKO

Irene Bustichi and Sandy Payton, welcome you for some dice-playing fun.

Date: Thursday, September 11th
Every 2nd Thursday of the month
Time: 1:15pm to 3:15pm
Cost: $7.00 Members $8.00 Non-Members

WATERCOLOR ~ All levels

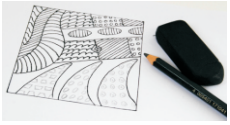
This class is offered by well-known local artist and center member, Beverly Martin. Don't worry about initial supplies as Beverly will get you through the first class at which time she will give you a supply list. The class has two parts to it:

- Students work on a personal painting with the instructor rotating and working individually with each person
- The instructor will teach a 15 to 30 minute structured lesson using a certain technique(s) on an on-going piece of artwork. The students will then use that example to create the same thing on their own individual pieces of the same piece of artwork.

Date: Thursdays **Time:** 9am to Noon
Cost: $10 (m) $15 (n-m)

ART OF ZENTANGLE

The Art of Zentangle promotes therapeutic relaxation. The processes used will help increase your mental focus, fine motor skills and ease stress and anxiety.



Date: Fridays
Time: 11:30am to 12:30pm
Instructor: Angie Wisdom
Cost: $3 members/$5 non-members

SVSC BOOK WORMS

I invite you to join myself and the other Bookworms. We are reading a Steinbeck novel this month, each person is reading a different title. So grab one of your choice, happy reading!

Date: Friday, September 29th
(on-going every 3rd Friday of the month)
Time: 1:00pm to 2:30pm
Chair: Patsy Rice
Cost: $2 Members / $3 Non-Members

POTLUCK FRIDAY LUNCH

Potluck Friday is growing! Join our hosts, Elaine and Joe Zuniga, as they welcome you to the table of this informal gathering to share food and conversation!

Date: September 5th, (Every 1st Friday of the month)
Time: 12:30pm to 2pm
Cost: $2.00 and a potluck dish to share

COFFEE & CONVERSATION

Hostesses, Connie Adkins and Suki Marin, invite you to get your week off to a good start every 2nd Monday of the month. They welcome you to join them for a lively exchange words, ideas, gossip (only the "kind" kind) and of course, good coffee!

Date: Monday, September 8th
(on-going every 2nd Monday of the month)
Time: 10:30am to 12:00pm
Cost: Free

iPAD CLASSES

The center welcomes instructors, Joanna Phillips and her colleague, David Karabensh, as they help you navigate the wonders of the iPAD world! This four week session is designed for new and intermediate users. No pre-registration is required. Simply show up with your iPAD and/or your iPHONE.

Dates: September 10, 17, 24 and October 1
November 5, 12, 19 and December 3
Time: 9:30am to 11:00am
Cost: Members $15.00 and Non-Members $18.00

Computer Classes

Technology ~ Ayan Patel
Dates: Every Wednesday
Cost: Free*
Time: 2:30pm to 4:30pm

* However, donations of any amount gladly accepted – proceeds will benefit the Sound System Fund.

Using the center's computers, Ayan will be available to help you navigate the system, answer questions for you and trouble-shoot problems you may be having with your Apple or PC. He can also help you with your own laptops, tablets, iPADS, Smart phones, Droids, etc. ~ Great for beginners!

Private Sessions
Members are welcome to schedule individual one-hour sessions with Ayan for $30. All proceeds benefit the computer program at the center. Call center to schedule an appointment.

SEPTEMBER MUNCHEON MOVIE PRE-PAID EVENT ONLY

Sign up by close of day Friday September 5th.

Date: Tuesday, September 9th
Time: Noon
Cost: Members $5 / Non-Members $6
Lunch: Lunch & Dessert will be served in keeping with the movie theme
Movie: **Mrs. Doubtfire**
1993 Starring Robin Williams and Sally Field

SEPTEMBER ITALIAN SUPPER

Date: Friday, September 19th
Time: 5:00pm
Place: The Center
Cost: $8.00 Members
$10.00 Non-Members

Pre-paid Sign-ups Only
(Deadline to signup is 9/16)

Served by members of the Rotary Club of Scotts Valley
Price of entry includes a 2-course, raffle drawings and entertainment.

Senior Center Van Information

Please give at least 24 hour notice for all van trips and pick up has to be within Scotts Valley.

Our drivers are volunteers and sometimes unavailable to drive.

Monday:	Groceries and Banking
Tuesday:	Medical Appointments/Groceries
Wednesday:	Lunch and Bingo at the Center
Thursday:	Medical Appointments/Groceries
Friday:	Shopping

Members
Travel within Scotts Valley:
$1.50 one way or $3.00 round trip
Travel outside Scotts Valley:
$6.00 one way or $7.00 round trip

Non/Members
Travel within Scotts Valley:
$2.00 one way or $4.00 round trip
Travel outside Scotts Valley:
$7.00 one way or $8.00 round trip

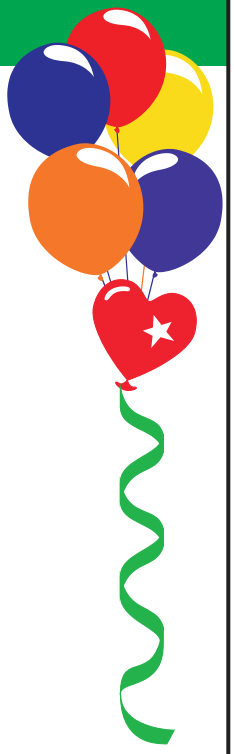
Van Donation price allows a total of two stops.
Each additional stop is $.50

Tim Grasso
One of our wonderful drivers

September Birthday Celebrations

HAPPY BIRTHDAY to the following Scotts Valley Senior Center Members. If You see any of these Members, please wish them a HAPPY BIRTHDAY. Come celebrate on the last Thursday of the month at 2:00pm. This party is open to all. Best wishes from the entire Scotts Valley Senior Center.

June Barber	1
Sharon Medler	1
Mary Lois Schmidt	1
Mary Wei	2
Esther Wilson	2
Douglas Kracl	3
Eugene Martin	3
Dorothy Seib	3
Susan Oliver	4
Terry Hjorth	5
Barbara Rae Kelley	5
Shirley Russell	5
Sondra Keane	6
Elaine Moore	6
Catherine O'Kelly	6
Peter Maurer	8
Jim Melehan	8
Glenda Carry	9
Evelyn Jones	9
Ann Murphy	9
Pam Simmons	9
Roxanne Gundersen	13
Donna J. Guttebo	13
Diane Miller	13
Marlyn Crook	14
Diane Haas	14
Jean McCarthy	14
Mary Mullis	15
Joan Williams	16
John Bachan	17
Sonja Bender	17
Betty Cederlund	17
Sandy Welch	17
Marilyn Chambers	18
Bob Holmes	18
Anna Miller	18
Judy Husted	19
Maureen Leimbach	19
Bob Wilson	19
Rick Edwards	20
Sue Greco	20
Joanne Stewart	20
Helen Kain	21
Sonia O'Brien	21
Carol Marconett	22
Nancy Blease	23
Helen McKibben	23
Bob Bickers	24
Judie Kolbmann	24
Kathleen Lanahan	24
Louise Hickey	25
Sue Kirkpatrick	25
Yvonne McClish	25
Selma Stenton	25
Stephany Aguilar	26
Pauline Hart	26
Jan Wagner	26
Edith Dittert	27
Debby Dodds	27
Janet Geyer	27
Marilyn Matthews	27
Connie Brock	28
Evelyn Anderson	29
Cynthia Farmer	29
Virginia Szabo	29
Louise Everton	30
Carol Kester	30
Jennifer Parsons	30
Bonnie Ruger	30
Dave Wilson	30



Armchair Topics

Laughter is the Best Medicine

Join Darshana for a belly full of laughter. Bring with you your sense of humor and your favorite joke(s) to share. Vote for your favorites! Prizes awarded in various categories. Audience Clap-O-Meter will decide the fate of ties. Bring a friend or two or ten with you for an afternoon of sharing, caring and laughter and as always, Armchair Topics will be closely followed by Birthday Cake Celebrations!

Date: Thursday, September 25th

Time: 1pm

Cost: FREE

Activity Leaders

m = Members
n/m = Non-Members

Art of Therapy	Joanne Stewart	$15 m	$18 n/m
Bingo	Project Scout	$.50 per card	
Bocce	Mimi Patterson	$2 m	N/A
Book Worms	Patsy Rice	$2 m	$3 n/m
Bunko	Irene Bustichi/Sandy Payton	$7 m	$8 n/m
Bridge	Marilyn Snyder	$2 m	$3 n/m
Canasta	Mercedes Sarsi	$2 m	$3 n/m
Chess	Peter Maurer	$2 m	$3 n/m
Computer Lab	Ayan Patel	Free	Free
Cribbage	Fran Rosen	$2 m	$3 n/m
Coffee & Conversation	Connie Adkins/ Suki Marin	Free	N/A
Stretch & Condition	June Barber	$2 m	$3 n/m
Home Arts	Billie Street	$5 m	$6 n/m
iPAD Class	Joanna Phillips & David Karabensh	$15m	$18 n/m
Korean Cooking	EunKyung Otte	$15 m	$18 n/m
Line Dance	Tamima Schwartz	$2 m	$3 n/m
Line Dance Social	Jeanne Wilson	$5 m	$5 n/m
Mahjong	Darshana Croskrey	$2 m	$3 n/m
Meals on Wheels	Sandy Payton	$2.50 m	$2.50 n/m
Muncheon Movie	Marlene Flannery	$5 m	$6 n/m
Pinochle	Donna Silva	$2 m	$3 n/m
Partner's Bridge	Lee Brown	$2 m	$3 n/m
Poker	Ruth Lambert	$2 m	$3 n/m
Potluck Lunch	Elaine & Joe Zuniga	$2 plus a potluck dish to share	
Scrabble	Donna & Betty Cederlund	$2 m	$3 n/m
Ukulele	Stan Meidinger	$7 m	$8 n/m
Watercolor	Beverly Martin	$10 m	$15 n/m
Writing	Jack McKellar & Joanne Stewart	$5 m	$6 n/m
Yoga	Padma Rudraraju	$3 m	$5 n/m
Zentangle Art	Angie Wisdom	$3m	$5 n/m
Zumba	Leatrice Bachan	$3 m	$5 n/m

September Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 **Center Closed for LABOR DAY** 	**2** **Bocce** 9am - 11:30am **Zumba** 9am - 10am **Writing Class** 10am - 12pm **Beg/Int Line Dance** 12am - 1pm **Home Arts** 2pm - 9pm	**3** **Bocce** 9am - 11:30am **Meals on Wheels Lunch** 11:30am - 12pm **Bingo** 1pm - 3pm **Technology Open Session** 2:30pm - 4pm **Yoga** 5:30pm - 6:30pm	**4** **Bocce** 9am - 11:30am **Watercolor** 9am - 12pm **Zumba** 9:30am - 10:30am **Yoga** 10:45am - 11:45am **Beginning Ukulele** 12pm - 1pm **Cribbage** 1:15pm - 3:15pm **Poker** 1:15pm - 3:15pm **Partner's Bridge** 1:15 - 3:15pm **Pinochle** 1:15pm - 3:15pm	**5** ***Deadline for Muncheon Movie*** **Bocce** 9am - 11:30am **Beg/Int Line Dance** 9am - 10am **Stretch & Condition** 10am - 11am **Art of Therapy** 11am - 12:30pm **Zentangles Art** 11:30am - 12:30pm **Monthly Potluck** 12:30pm-2pm
8 **Yoga** 8:45am - 9:45am **Bocce** 9am - 11:30am **Stretch&Condition** 10am-11am **Coffee & Conversation** 10:30am - 12pm **Health News** 11am - 12pm **Blood Pressure Checks** 11:45am - 12:15pm **Bridge** 12:15pm - 3pm **Scrabble** 1pm - 3pm **Chess** 1pm - 3pm **Canasta** 1pm - 3pm **Mahjong** 1pm - 3pm **Zumba Friends** 6pm - 7pm	**9** **Bocce** 9am - 11:30am **Zumba** 9am - 10am **Writing Class** 10am - 12pm **Muncheon Movie "Mrs. Doubtfire"** 12pm - 3:30pm ***Deadline for Italian Dinner***	**10** **Bocce** 9am - 11:30am **Meals on Wheels Lunch** 11:30am - 12pm **Bingo** 1pm - 3pm **Technology Open Session** 2:30pm - 4pm **Yoga** 5:30pm - 6:30pm	**11** **Bocce** 9am - 11:30am **Watercolor** 9am - 12pm **Zumba** 9:30am - 10:30am **Yoga** 10:45am - 11:45am **Beginning Ukulele** 12pm - 1pm **Bunko** 1:15pm - 3:15pm **Cribbage** 1:15pm - 3:15pm **Poker** 1:15pm - 3:15pm **Partner's Bridge** 1:15 - 3:15pm **Pinochle** 1:15pm - 3:15pm	**12** **Bocce** 9am - 11:30am **Beg/Int Line Dance** 9am - 10am **Stretch & Condition** 10am - 11am **Art of Therapy** 11am - 12:30pm **Zentangles Art** 11:30am - 12:30pm
15 **Yoga** 8:45am - 9:45am **Bocce** 9am - 11:30am **Stretch & Condition** 10am - 11am **Latest Health News** 11am - 12pm **Blood Pressure Checks** 11:45am - 12:15pm **Bridge** 12:15pm - 3pm **Scrabble** 1pm - 3pm **Chess** 1pm - 3pm **Canasta** 1pm - 3pm **Mahjong** 1pm - 3pm **Zumba Friends** 6pm - 7pm	**16** **Bocce** 9am - 11:30am **Zumba** 9am - 10am ZUMBA® FITNESS **Writing Class** 10am - 12pm **Beg/Int Line Dance** 12am - 1pm **Home Arts** 2pm - 9pm	**17** **Bocce** 9am - 11:30am **Meals on Wheels Lunch** 11:30am - 12pm **Bingo** 1pm - 3pm **Technology Open Session** 2:30pm - 4pm **Yoga** 5:30pm - 6:30pm 	**18** **Bocce** 9am - 11:30am **Watercolor** 9am - 12pm **Zumba** 9:30am - 10:30am **Yoga** 10:45am - 11:45am **Beginning Ukulele** 12pm - 1pm **Cribbage** 1:15pm - 3:15pm **Poker** 1:15pm - 3:15pm **Partner's Bridge** 1:15 - 3:15pm **Pinochle** 1:15pm - 3:15pm	**19** **Bocce** 9am - 11:30am **Beg/Int Line Dance** 9am - 10am **Stretch & Condition** 10am - 11am **Art of Therapy** 11am - 12:30pm **Book Worms** 1pm - 2:30pm **Zentangles Art** 11:30am - 12:30pm **Italian Dinner Night** 5pm to 6:30pm
22 **Yoga** 8:45am - 9:45am **Bocce** 9am - 11:30am **Stretch & Condition** 10am - 11am **Latest Health News** 11am - 12pm **Blood Pressure Checks** 11:45am - 12:15pm **Bridge** 12:15pm - 3pm **Scrabble** 1pm - 3pm **Chess** 1pm - 3pm **Canasta** 1pm - 3pm **Mahjong** 1pm - 3pm **Zumba Friends** 6pm - 7pm	**23** **Bocce** 9am - 11:30am **Zumba** 9am - 10am **Writing Class** 10am - 12pm **Beg/Int Line Dance** 12am - 1pm **Home Arts** 2pm - 9pm 	**24** **Bocce** 9am - 11:30am **Meals on Wheels Lunch** 11:30am - 12pm **Bingo** 1pm - 3pm **Technology Open Session** 2:30pm - 4pm **Yoga** 5:30pm - 6:30pm 	**25** **Bocce** 9am - 11:30am **Watercolor** 9am - 12pm **Zumba** 9:30am - 10:30am **Yoga** 10:45am - 11:45am **Beginning Ukulele** 12pm - 1pm **Armchair Topics** 1pm-2pm **Birthday Celebrations** 2pm - 3:00pm **Cribbage** 1:15pm - 3:15pm **Poker** 1:15pm - 3:15pm **Partner's Bridge** 1:15 - 3:15pm **Pinochle** 1:15pm - 3:15pm	**26** **Center is CLOSED**
29 **Same Monday Schedule (See 22nd)**	**30** **Same Tuesday Schedule (See 23rd)**	The **Bridge** group is always looking for intermediate to advanced players to join them or you might want to join the **Canasta** gang or the **Mahjong** crowd instead. Both of these groups welcome new players to their groups. The same goes for the **Pinochle**, **Cribbage**, **Poker** and **Bingo** folks, all of whom would welcome new faces **~ See the calendar for dates and times**. ***New this month~Scrabble and Chess***		

2014 Major Events Calendar

SEP	**Labor Day Holiday**	**9/1**	**Center Closed**
	SVSC Board Meeting	**9/4**	**3:15pm**
	Grandparents Day Pancake Breakfast	**9/7**	**8am - Noon**
	International Night Dinner	**9/19**	**5pm**
	Center Closed	**9/26**	**Center Closed**
OCT	No dinner this month	---------	
	Sponsor Appreciation Reception	10/10	5pm - 7pm
	Columbus Day Holiday	10/13	Center Closed
	SV City Council Presentation	10/15	6pm
	Center Closed	10/24	Center Closed
	NO ACTIVITIES – Prep for Craft Faire Weekend - 10/27 to 10/31 & 11/3		
NOV	Craft Faire Weekend	11/1st/2nd	9am - 4pm/10am - 4pm
	Veteran's Day Holiday	11/11	Center Closed
	Thanksgiving Potluck	11/14	1pm
	Thanksgiving Break	11/26 - 11/30	Center Closed
DEC	Holiday Luncheon	12/12	1pm
	New Year's Eve Party	12/31	TBD
	Holiday Break	12/22 – 1/4/15	Center Closed

NOTE: Circumstances may require SVSC to make changes and cancellations. We apologize for any inconvenience this may cause.

Meals on Wheels
We deliver smiles℠

The SCOTTS VALLEY SENIOR CENTER serves lunch and plays Bingo every Wednesday.

Lunch starts at 11:30 am till 12 Noon Donation of $2.50.

You MUST sign up by Tuesday at noon so that there is sufficient food for all the diners.

September 3

Crab Cake
Pesto Noodles
Spinach Salad
Roll & Butter
Citrus Fruit Salad
Milk

September 10

Cheese & Spinach Raviolis
Romaine Salad
Apple
Milk

September 17

Turkey Salad
Vegetable Barley Soup
Crackers
Three Bean Salad
Bread & Butter
Mandarin Orange
Pineapple Jello
Milk

September 24

Turkey Tetrazini
Green Salad
Summer Squash
Roll & Butter
Citrus Salad
Milk

Wednesdays from 1:00-3:00pm, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

Bingo cards are brought out at 12:30 pm.

Scotts Valley Library Volunteer Opportunity

The Children's Librarian is in need of an assistant on Tuesdays from 10:30am to Noon. Duties include room preparation and clear up, check in participants and door monitor. Please contact the Branch manager, Linda Gault at 831.427.7712 if you are interested in learning more.

Sponsor Appreciation Reception

An Invitation for YOU and OUR SPONSORS

DATE: Friday, October 10, 2014

TIME: 5pm to 7pm

COST: Free

Please join us this evening for our 2nd Annual Sponsor Appreciation Reception as we gather to thank our business sponsors for their generous support of our center. Appetizers and beverages will be served. Please R.S.V.P. to the Receptionists/Darshana at 438-8666.

We look forward to seeing you!

Come Shop at The Boutique!

Check it out - Member, Marlyn Crook, found the perfect gift and card for a Golden Anniversary present from The Boutique!

Stop in and find other perfect gifts and must-haves!!

Grandparent's Day

Date: Sunday, September 7th
Time: 8am to 12pm
Where: SV Senior Center
Cost: Adults $6.50
Kids $4.00

All-you-can-eat Pancakes
- Banana Walnut
- Pumpkin Spice
- Plain

Served with
Ham and Scrambled Eggs
Orange Juice and Coffee

Grandparent's Day Pancake Breakfast Is Here

© Fran Rosen

Our Pancake Breakfast is coming your way
What a wonderful way to start the day
September 7th, whadda' you say?
Come on in and have it your way.
Three kinds of pancakes,
make your selection
Marlene and her crew
make them to perfection
All the fixins' for a wonderful meal
Only $6.50 ……..what a deal!

Tech News

Read This to check your Credit Card Status…

Whether you want to know how many credit cards to carry or when Junior should get his own card, you've got questions. Lucky for you, we've got answers!

How many credit cards should I have?

Ah, this would be the $64,000 question. Some well-known financial gurus would tell you the answer is zero. Meanwhile, other card experts say they have up to 20 active accounts open at any given time.

However, Adam Levin, founder of our partner site Credit.com, suggests a more middle-of-the-road approach. He says you should consider having two cards — a rewards credit card for everyday use and a low-interest card to be used for emergencies.

Why not have just one good all-purpose card? Mainly because you'll want to earn rewards from your purchases, but airline, gas and cash-back cards tend to have higher interest rates. That's fine as long as you're paying off your balance each month.

But when the water heater says "No more" and your savings account says "Yeah, right," you'll want a low-interest credit card waiting in the wings. You don't want to carry a balance on a high-interest rewards card.

Should I be carrying a balance?

Heck, no!

Unless you're self-financing a purchase or dealing with an emergency situation, paying credit card interest is just plain dumb.

Now, some people believe you need to carry a balance for your credit score to benefit, but that's not really the case.

You can read this article to learn more about why no balance is needed to boost your score.

What exactly is my credit score and how is it calculated?

Speaking of credit scores, some people are a little hazy on what that is and how it's calculated.

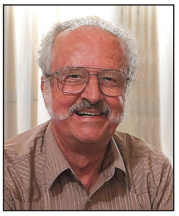
While there are several different companies creating credit scores, the one most likely to influence your access to credit and interest rates is your FICO score.

Your main FICO score runs from 300 to 850, and companies use it to decide how well you manage your credit and how likely you are to pay them back if they give you money. The higher the score, the more trustworthy you appear to creditors.

The score is created and weighted with the following information:

- Payment history – 35 percent.
- Amounts owed – 30 percent.
- Length of credit history – 15 percent.
- New credit — 10 percent.
- Types of credit used – 10 percent.

FICO doesn't say what constitutes a good or bad credit score. However, typically, if your score is below 600, you're probably viewed as risky business.
A score above 800 will generally get you the best interest rates and terms.



To Be Continued Next month……

Excerpted from the internet

by **Ferd Bergholz**

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Scotts Valley Senior Center Advertizing Rates Per Year

LEVEL	WHAT IS INCLUDED	COST
Copper	Newsletter only	$60
Bronze	Small (approx 4" x 6") customized display on Sponsor Board	$50
Silver	Medium (approx 6" x 8") customized display on Sponsor Board	$100
Gold	Large (approx 8" x 11") customized display on Sponsor Board	$150
Platinum	**Best value:** Includes the newsletter, large display on the Sponsor Board and one free rental of the facility (up to a maximum of four hours). Please note, the facility has to be available at time of booking. **This deal is valued at over $400!!!**	$250

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Scotts Valley Senior Center Hours

Monday, Wednesday:
10:00am - 4:00pm

Tuesday, Thursday and Friday:
10:00am-2:00pm

Other Hours for Special Events

Directors office hours:
10:00am to 1:00pm on work days

Phone Number: 438-8666

Address:
370 Kings Village Road
Scotts Valley, CA 95066

Please note - On the fourth Friday of every month, the center will be closed. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

See this and older newsletters on the internet at www.fbergholz.com
Senior Center Website: www.scottsvalley.org/parks/senior_center.html
www.myscottsvalley.com and www.facebook.com/MyScottsValley

Scotts Valley Senior Center Mission Statement

The Senior Center's purpose is to provide a place where seniors may find companionship, help and the opportunity to pursue their interests in educational, recreational and craft activities, and to promote the goodwill and public interests of the community. It is a non-profit, non-sectarian and non-political organization of friendly neighbors.

Dues are $20.00 per year, payable each July 1st. All donations are tax-deductible. Please make check payable to Scotts Valley Senior Center. Lifetime Membership fee is $100. To be eligible for membership, you must be 50 years or older. New members pay pro-rated dues.

Darshana Croskrey (831) 438-8666
Center Coordinator dcroskrey@scottsvalley.org

Scotts Valley Senior Center Board Members

Ferd Bergholz ~ Chairman of the Board
Harvey Bustichi
Gillian McGlaze
Margaret Schraft
Gary Cramer
Terri Ritchie
Tom Steinhaus

CENTER CLOSED: 9/26, 10/13, 10/24, **No Activities–Prep for Craft Faire Weekend** 10/27–10/31 & 11/3, 11/11, **Thanksgiving Break** 11/26–11/30, **Holiday Break** 12/22–1/4/15

Scotts Valley Senior Center
370 Kings Village Road
Scotts Valley, CA 95066

Other Scotts Valley Events

Scotts Valley Farmer's Market
Every Saturday 9:00 am-1:00 pm, Spring, Summer and Fall

Jacob's Heart Kidrageous Golden Festival In Scotts Valley
Sunday, September 7, 2014 12:00 PM - 5:00 PM
Skypark Park, Scotts Valley
Scotts Valley Parks & Rec Bldg
Scotts Valley, California 95066

Kiwanis of the Valley's Present Music at Skypark
September 28th at 3:30 pm - 7:00 pm | FREE
Band: Joint Chiefs and Extra Large

The free community-wide "Music at Skypark" concert series benefiting the music programs in local public schools returns for its sixth summer season on the last Sundays of the month from July through September. All concerts run from 3:30 to 7:00 pm at Skypark in Scotts Valley. Two bands will perform at each concert, and local businesses will offer food and other concessions for sale, with all net proceeds going to the schools. Visit www.KiwanisoftheValleys.org for details or phone Mike Stewart at (831) 439-8018.